

Doctor's Appointments

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A Doctor's Appointment: Before the Appointment

1

Find a provider (doctor) that is in network

2

Have your insurance card or information ready

3

Have a brief description of the reason for scheduling appointment

4

Have your schedule availability ready (days, times that work best)

5

(Request a copy of medical records from previous doctor if possible)

A Doctor's Appointment: Day of the Appointment

1

Bring your insurance card

2

Bring your current ID

3

Have a list of family medical history

4

Have your medical history (or bring copy of records)

5

Have your current medical information

6

Be prepared to pay (usually a co-pay)

A Doctor's Appointment: After the Appointment

1

Fill any prescriptions ASAP

2

Other follow-up (blood or lab tests, make appt. with a specialist, follow-up appointment, etc.)

3

Pay any outstanding bills